Safety of the First Dose of SARS-CoV-2 Vaccination in Solid Organ Transplant Recipients

Brian J. Boyarsky, MD, Michael T. Ou, BS, Ross S. Greenberg, BA, Aura T. Teles, BS, William A. Werbel, MD, Robin K. Avery, MD, Allan B. Massie, PhD, Dorry L. Segev, MD, PhD, Jacqueline M. Garonzik-Wang, MD, PhD

1Department of Surgery, Johns Hopkins University School of Medicine, Baltimore, MD.
2Department of Medicine, Johns Hopkins University School of Medicine, Baltimore, MD.

Correspondence: Dorry Segev, MD, PhD Associate Vice Chair, Department of Surgery Johns Hopkins Medical Institutions Director, Epidemiology Research Group in Organ Transplantation 2000 E Monument St. Baltimore, MD 21205 410-502-6115 (tel) 410-614-2079 (fax) dorry@jhmi.edu

AUTHORSHIP STATEMENT

Substantial contributions to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work:

BJB, MTO, RSG, ATT, WAW, RKA, ABM, DLS, JGW

Drafting the work or revising it critically for important intellectual content:

BJB, MTO, RSG, ATT, WAW, RKA, ABM, DLS, JGW

Final approval of the version to be published:

BJB, MTO, RSG, ATT, WAW, RKA, ABM, DLS, JGW

Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved:

BJB, MTO, RSG, ATT, WAW, RKA, ABM, DLS, JGW
DISCLOSURE

The authors of this manuscript have no financial disclosures or conflicts of interest to disclose as described by *Transplantation*.

ABBREVIATIONS

SARS-CoV-2: severe acute respiratory syndrome coronavirus 2

SOTR: solid organ transplant recipient

COVID-19: Coronavirus disease 2019

PCR: polymerase chain reaction
The safety of the SARS-CoV-2 mRNA vaccines in solid organ transplant recipients (SOTRs) is unknown because immunosuppressed individuals were generally excluded from phase 1-3 studies. To better understand perivaccination reactogenicity in immunosuppressed individuals, we studied SOTRs who underwent early vaccination.

SOTRs in the United States were recruited to participate in this study by invitation through their transplant centers or social media. Participants completed a detailed online questionnaire 1 week following their first dose. This study was approved by the Institutional Review Board at the Johns Hopkins School of Medicine.

We studied 187 SOTRs who received their first SARS-CoV-2 vaccination dose between December 16, 2020 and January 16, 2021, of whom 64% identified as front-line healthcare workers. Median (IQR) age was 48 (37-59) years; 69% were female, and 87% were White, and 6% Hispanic/Latino. Median (IQR) years since transplantation was 6 (3-13); 52% were kidney, 19% liver, 14% heart, 9% lung, 3% kidney/pancreas, and 3% other multiorgan recipients.

Maintenance immunosuppression included tacrolimus (87%), mycophenolate (69%) or azathioprine (11%), and steroids (55%).

Participants received the Pfizer/BioNTech (50%) or Moderna (50%) mRNA vaccines. There were no self-reported cases of PCR-confirmed SARS-CoV-2 diagnoses between vaccination and study participation, nor were there any reported cases of acute rejection, neurological diagnoses (Guillain-Barré syndrome, Bell's Palsy or neuropathy) or allergic reactions requiring epinephrine. Two participants reported development of a new infection (1 was acute-on-chronic pouchitis, the second was influenza A) requiring treatment. Local site reactions included mild pain (61%), mild redness (7%), and mild swelling (16%) (Table 1). Systemic reactions such as
fever and chills were uncommon (4% and 9%), although more-than-baseline fatigue was reported by 38%, headache by 32%, and myalgias by 15%.

Similar to the randomized trials of these vaccines,\textsuperscript{1,2} adverse events were largely consistent with expected vaccine reactogenicity, with mostly mild local reactions such as injection-site pain; systemic reactions, such as fever, were uncommon.\textsuperscript{3} Furthermore, transplant rejection, which remains a theoretical concern triggered by vaccination, was not seen during early follow-up.\textsuperscript{4} Strengths of this study include a national sample and novel, early data to inform major concerns among SOTRs and their providers.\textsuperscript{5} Limitations include a relatively small sample size, lack of longer-term safety data and less granular ascertainment of side effects than the original trials. Further study will be needed to explore unexpected safety issues, and longer-term follow-up is vital to explore additional adverse effects. It is also important to note that this was a nonrandomized, early, observational study leveraging a convenience sample of SOTRs with access to the vaccine, and as such not designed to evaluate vaccine efficacy.

In this first group of SOTRs to be vaccinated against SARS-CoV-2 in the United States, we observed expected, typically mild, minimal perivaccine reactogenicity after the first dose, similar to reported rates in non-SOTRs. There were no reported episodes of acute rejection, SARS-CoV-2 diagnoses, neurological diagnoses or major allergic reactions. These early, reassuring safety data in SOTRs may ease anxiety among patients and providers and provide some evidence for targeted counseling to address critical concerns such as vaccine refusal and hesitancy.
Acknowledgments

This research was made possible with generous support of the Ben-Dov family. This work was supported by grant number F32DK124941 (Boyarsky), K01DK101677 (Massie), and K23DK115908 (Garonzik-Wang) from the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), K24AI144954 (Segev) from National Institute of Allergy and Infectious Diseases (NIAID), and by a grant from the Transplantation and Immunology Research Network of the American Society of Transplantation (Werbel). The analyses described here are the responsibility of the authors alone and do not necessarily reflect the views or policies of the Department of Health and Human Services, nor does mention of trade names, commercial products or organizations imply endorsement by the US Government. We also acknowledge the following individuals for their assistance with this study: Aaron A.R. Tobian MD PhD; Oliver B. Laeyendecker PhD; William A. Clarke PhD; Yukari C. Manabe MD, Christine M. Durand MD, Teresa Po-Yu Chiang MD MPH, Alexandra T. Strauss MD, Amber B. Kernodle MD MPH, Kayleigh M. Herrick-Reynolds, MD, Mackenzie A. Eagleson MD, Andrew M. Hallett MD, Victoria A. Bendersky, MD, Richard Wang BA, Jake A. Ruddy BS, Leyla R. Herbst BA, Michelle R. Krach MS.
References


